

Simple Instructions for Making Paw Paw Shampoo

Open 10 capsules of Paw Paw Cell-Reg (**Product Number 511-3**) and mix into about 2 tablespoons of your shampoo. This will be gritty but will still be effective. Add 7 drops of Thyme Essential Oil and 4 drops of Tea Tree Oil.



Non-gritty Formulation and Instructions

Combine the contents of 10 capsules of Paw Paw Cell-Reg with 2 tablespoons pure grain alcohol or isopropyl alcohol. Mix together well in a small glass. Cover and let stand until particles have settled. Carefully pour off the liquid onto a saucer. (The alcohol extracts the active compounds in the paw paw capsules. Thus it is important to not discard the liquid!

Add 2 more tablespoons of alcohol to the solid mass in the glass and mix well. Cover and let stand until the particles have settled. Carefully pour off the liquid onto the saucer. Some of the particles may pour off with the liquid.

Let the saucer stand until all of the alcohol has evaporated. When the alcohol has evaporated, mix 2 tablespoons of shampoo into the residue on the saucer until well combined and uniform in color. Then add 7 drops of Thyme Essential Oil and 4 drops of Tea Tree Oil to the shampoo mixture.

You can make a larger batch of shampoo. However, it will take longer for evaporation of the alcohol to occur.

Follow these instructions exactly for removal of head lice.*

1. Lather 2 tablespoons of shampoo into dry hair and scalp.
2. Place shower cap/hair net on head to contain shampoo and to protect the eyes.
3. Leave shampoo lather on hair for 60 minutes.
4. Rinse shampoo thoroughly from hair and scalp.
5. Dry and comb hair thoroughly with lice comb and remove nits/lice.
6. Repeat steps 1–6 in eight days and again in 16 days to insure thorough and complete removal; use regular shampoo in the meantime.

*Long or thick hair will require one additional tablespoon of shampoo and will need to remain on head an additional 15 minutes.